SEASONABLE DISHES

RECIPES THAT WILL TEMPT COLD-WEATHER APPETITES.

Well Liked, and Easily Prepared is Beefsteak Broth-Proper Way to Boll Rice Making Pork Apple Pie.

Warm Gingerbread.-Put one cup of sugar, molarses, butter, and sour milk into a bowl. Add three well beaten eggs and four and one-half cups of flour sifted with a level tablespoon of ginger, a level teaspoon of salt, and the same of cin-namon. Beat well and bake in a shallow pan. Serve by cutting through the crust with a sharp knife and then breaking apart. '

· Beefsteak Roll.—Cut two small slices from the top of the round and half an inch thick. Melt a rounding tablespoon of butter, add one small onion minced fine, and cook five minutes. Dredge the meat lightly with flour and brown in the butter one slice at a time until well seared. Take up the meat and add one-quarter cup of peared." bread crumbs and one tablespoon of chopped canned mushrooms, a seasoning of salt, pepper, and thyme or rose mary. Spread over the steak, roll up and tie with strong thread. Put in a casserole or covered baking dish and add water to half cover the meat. Put on the cover and cook about one hour or until the meat is tender. Take up the meat and thicken the gravy, add one-half cup of mushrooms and pour

Onion Salad .- Cook some Spanish onions in boiling water until tender but not soft enough to break apart. While they are cooking change the water three times, always replenishing with water that is boiling. Set away to chill well, then serve on lettuce leaves and cover or mask each onion with mayonnaise dressing.

Correct Way to Boll Rice.-To cook rice so that the grains will separate, use plenty of water in cooking and have the water boil rapidly. Put a teaspoon of salt into six or eight cups of boiling water and add one cup of well washed rice. Cook for a few minutes by placing the saucepan directly on the range and stir occasionally with a fork and not with a spoon, which will break the grains. Set the pan into another of boiling water, cover and cook about 20 minutes. Drain off all the water and set the pan uncovered back into the hot water and leave the cover off, but lay a piece of cheese cloth doubled over the top. Let the water continue to boil in the under pan for ten minutes, when the rice will be soft, dry, and the grains will separate.

Cream Biscult-Sift two cups of flour with four level teaspoons of baking powder, a saltspoon of salt, and a level tempoon of sugar. Rub in one quarter cup of butter and mix with six tablespoons of sour milk and two tablespoons of cold water to which has been added one-eighth of a level teaspoon of soda, which is the same as a saltspoonful. Roll out, cut in rounds, and bake.

Pork Apple Pie.-Line a small baking pan with good paste, fill with pared and sliced apples according to the sourness of the apple. Cut two slices from a pound piece of salt pork, and cut these into shavings and spread over the pie. Dust on about three dashes of white pepper and not more, cover with paste, and bake. Serve when partly cool.

Housework Promotes Health. woman has ide the satis-

factory discovery that her housework provides her with all the physical culture she needs for securing health and good looks.

She enlarges her chest and arms by using a carpet-sweeper, strengthens her back by bed-making, and improves the shape of her wrists and hands by

In her opinion, the hardest work—that which makes the worker pant—strengthens the lungs, but to aid this result it is necessary to breathe deeply and inhale pure air. To get the fullest benefit from her housework however, a woman should rest for an hour each day. This is the best remedy for jaded nerves and wrinkles.

Gopper Kettles.

A copper kettle should be rubbed with a cut lemon dipped in powdered Bath brick. When all the stains have disappeared it should be washed with warm soapy water, and finally polished with a soft cloth and powdered bath brick.

He Seidem.

Little Waiter was told to write a composition containing the word "seldom." He puzzled hard over the problem for some time, but at last he found a solution, and this is what he handed up to the teacher: "My father owned some horses, but last week he seldom."

"De man dat has actually done sumpin'," said Uncle Eben, "hab a right to brag a little bit. But I ain' got no patience at all wif de man dat brags bout what he's gwinter do."

BLOATED WITH DROPSY.

The Heart Was Badly Affected When the Patient Began Using Doan's Kidney Pills.

Mrs. Elizabeth Maxwell, of 415 West

Fourth street, Clympia, Wash., says:
"For over three
years I suffered with a dropaical condition with out being aware that it was due to kidney trou-ble. The early stages were principally backache and bear ing down pain, but I went along

set in. My feet and ankles swelled sp, my hands puffed and became so tense I could hardly close them. I had great difficulty in breathing, and my eart would flutter with the least exertion. I could not walk far without stopping again and again to rest. Since asing four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disap-

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Most Youthful Professor.

The youngest professor in the east ern states is William T. Foster, professor of English at Bowdoin college. He supported himself from a very small child, educated himself and at the age of 17 had saved enough money to start to college, when he found that he could not enter because he had never studied Latin. He was told he must have two months of Latin and it was just two months till the time he had planned to enter Harvard. He was not dismayed. He sought assistance, devoted the two months to overcoming the obstacle-and in September successfully passed his examination and entered college.

Safe, Sure and Speedy.

No external remedy ever yet de-vised has so fully and unquestionably met these three prime conditions as successfully as Allcock's Plasters. They are safe because they contain no deleterious drugs and are manufactured upon scientific principles of medicine. They are sure because nothing goes into them except ingredients which are exactly adapted to the purposes for which a plaster is reguired. They are speedy in their action because their medicinal qualities go right to their work of relieving pain and restoring the natural and healthy performance of the functions of muscles, nerves and skin.

Allcock's Plasters are the original and genuine porous plasters and like most meritorious articles have been extensively imitated, therefore always make sure and get the genuine.

New York Philanthropist.

Dr. Adelaide Wallerstein, rich, young and handsome, has turned part of her elegant New York home into a physician's office. Here she devotes about six hours a day to practicing medicine, all the income so derived going to her charity work on the east side of the city. Mrs. Wallerstein is accomplished and socially prominent, but has given up most of her society pleasures for her professional and charitable work

PRAYE OF ORIO, CITY OF TOLEDO. LUCAS HOUTY.

FRANK J. CREMET makes eath that he narteer of the firm of F. J. CREEKY & Cousiness in the City of Toledo, County as divessed, and that sell firm will pay the NE HUNDHED DOLLARB for each an mase of CATARNE that cannot be cured by it EALLIS CATARNE CURE.

FRANK J. CHI

Sworn to before me and subscribed in my present in 6th day of December, A. D., 1886. A. W. GLEASON, Hall's Catarrh Cure is taken internally and acts frecity on the blood and mutous surfaces of the rates. Send for testimonials, free. F. J. CHFNEY & CO., Tolsde, Q. Sold by all Dremtists, 75c.

Sold by all Druggists, 750, Take Hall's Family Pills for constipation.

Knows Whom He Can Trust. Police Commissioner Bingham learned one important fact that will be of aid to him in his official career. When he desires to get the exact facts about some large question that is to the front in New York city he calls in the newspaper reporters located at police headquarters and has a heart-to-heart talk. As one of them says: "He gets it straight, and so straight that not all the men of the force can fool him on that one point."

No muss or failures made with PUT-NAM FADELESS DYES; bright, beauti-ful colors a certainty.

ome men can't even do their duty without making a fuss about it.

Mrs. Window's Southing Syrup.
For children teathing, sortens the gurus, reduction allays pain, curse wind colle. 25c at

Each wrinkle on a woman's brow represents an experience.

PILES CURED IN 6 TO 14 DAYS.

PAZO OINTMENT Is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 600.

Nothing burts a concelted man like being ignored.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

A woman would rather do things to worry a rival than to afford herself

Take Garfield Tea, the Natural Laxa-tive, for constipation, indigestion, liver and kidney derangements, and colds. It is made of Herbs. Guaranteed under the Pure Food Law. We frequently fall into errror and

folly, not because the true principles of action are not known, but because for the time they are not remembered.

FITS, St. Vitus Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for Free \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch St., Philadelphia, Pa.

We daily influence each other for good or evil. Let us not be the occasion of misleading others by our silence when we ought to speak .- J. H.

ALMOST A SOLID SORE.

8kin Disease from Birth-Fortune Spent on Her Without Benefit-Cured Her with Cuticura.

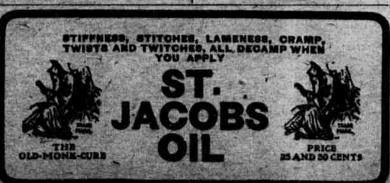
"I have a cousin in Rockingham Co. who once had a skin disease from her birth until she was six years of age. Her father had spent a fortune on her to get her cured and none of the treatments did her any good. Old Dr. G—— suggested that he try the Cuticura Remedies which he did. When he commenced to use it the child was almost a solid scab. He had used it about two months and the child was well. I was there when they commenced to use your Cuticura Remedies. I stayed that week and then returned home and stayed two weeks and then went back and stayed with them two weeks longer, and when I went home I could hardly believe she was the same child. Her skin was as soft as a baby's with-out a scar on it. I have not seen her in seventeen years, but I have heard from her and the last time I heard from her she was well. Mrs. W. P. Ingle, Burlington, N. C., June 16, 1905."

Footballer Showed Courage.

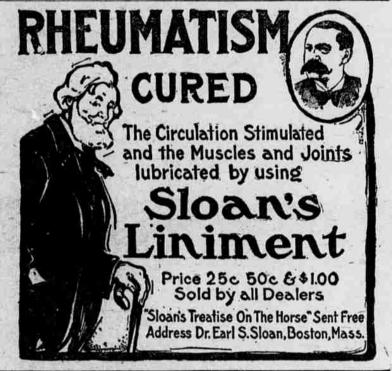
H. J. Henebry, Ireland's Rugby full back, played the other day for 70 minutes against the South Africans while suffering from a split ear, damaged skull, broken middle finges, on left hand, strained chest, muscles and torn finger cartilages. He received the injuries in a tackie ten minutes after the game began.

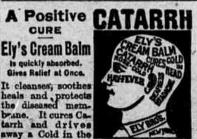
Whine from Henry James. Henry James, pursuing his theme, "The Speech of American Women," speaks of a group of Boston young women, "all articulating as from sore mouths, all mumbling and whining and vocally limping and shuffing as it were together." He compares, also to its great disadvantage, a school where parents pay se much not to have their boys taught to speak as gentlemen, with one "beyond the sea, in which the proviso that the schoolmaster shall speak as a gentleman is so abso lutely vital."











It cleanses, soothes heals and protects the diseased mem-bane. It cures Catarrh and drives away a Cold in the Head quickly. Re-HAY FEVER stores the Senses of HAY FEVER Taste and Smell. Full size 50 cts., at Drug-gists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.

LIVE STOCK AND ELECTROTYPES In great variety for sale at the towest prices by A. H. EELLOGG HEWRPAPER CO., TS W. Adams St., Chiengo

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convenience.

The NINETY MILLION BURHEL WHEAT CROP of this year means \$80,000,000 to the farmers of Western thands. apart from the results of other gratus and cattle.

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J. S. CRAWFORD, No. 125 W. Ninth Street, Kansas City, Missouri.

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IS THE BEST WEST

NO MORE MUSTARD PLASTERS TO BLISTER.
THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT.

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A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN.—PRICE
15c.—IN COLLAPSIBLE TUBES—AT ALL DRUGGISTS AND DEALERS, OR
EY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. DON'T WAIT
TILL THE PAIN COMES—KEEP A TUBE HANDY.

A substitute for and superior to mustard or any other plaster, and will not
blister the most delicate skin. The pain-allaying and curative qualities of
the article are wonderful. It will stop the toothache at once, and relieve
Headache and Solatica. We recommend it as the best and safest external
counter-irritant known, also as an external remedy for pains in the chest
and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial
will prove what we claim for it, and it will be found to be invaluable in the
household and for children. Once used no family will be without it. Many
people asy "it is the best of all your preparations." Accept no preparation
of vaseline unless the same carries our label, as otherwise it is not genuine.
SEND YOUR ADDRESS AND WE WILL MAIL OUR VASELINE PAMPHLET WHICH WILL INTEREST YOU.

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